

2020 has been a wild year so far! If you're feeling lost or blue or just in need of someone to talk to, there are options available.

ComPsych visits are completely free for five sessions for an employee or anyone in their household per calendar year. If a staff member is experiencing anxiety and uses five sessions for that, but then experiences grief, they can get another five free sessions. All information shared with ComPsych counselors is completely confidential.

“ComPsych offers a wider range of services which include resources related to financial, legal and

In addition to coverage for outpatient counseling visits, there is coverage for more extensive services which include outpatient day treatment and inpatient services when medically necessary.

The [Wellness Works](#) program also offers wellness coaching for those looking to find new ways to improve their overall physical and mental health. We have three coaches with specialties.

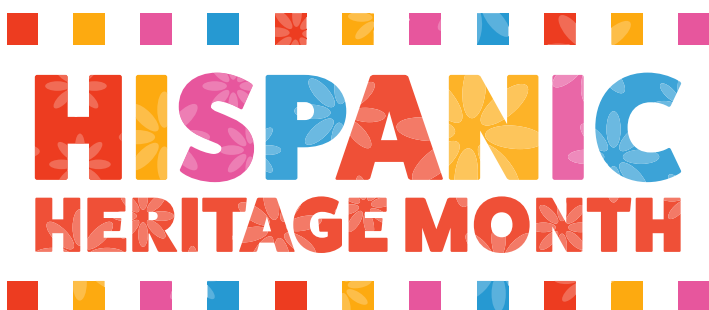
The [Oklahoma County Health Department](#) is also always a great resource for free or low-cost services and programs in your area.



Celebrating Hispanic Heritage Month

Hispanic Heritage Month is celebrated from Sept. 15 through Oct. 15 to recognize the important contributions of the Hispanic people, culture and language to the United States.

Has your library location created any Hispanic Heritage Month displays or online programs? Share pictures with us my emailing marketing.department@metrolibrary.org.

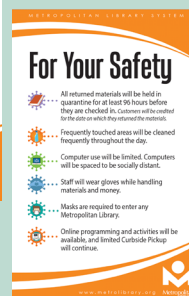
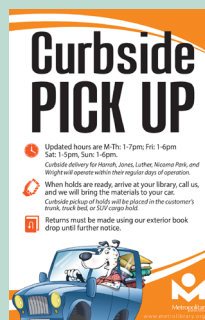


Looking for COVID Related Marketing Materials?



We can help! Email marketing.department@metrolibrary.org with your marketing needs.

Be sure to visit the [Intranet](#) for the latest printables, templates and print-on-demand posters available.



Masked Mascots & Safe Statuary

The Bethany Library's whimsical "Storyteller" sculpture by Scott Stearman safely tells his story once more to his young friend, also wearing her mask.



The "Cover to Cover" Joe Slack sculptures at Southern Oaks Library wearing masks.

HELLO!

Sharon Rutz

SO Access Specialist HT (rehire)

Valerie Von Tungeln

DN Library Aide PT

Shaye Nelson

BE Library Aide PT

Tamara Knapp

BE Children's Librarian I HT

Felicity Branson

MC Library Aide PT

Kodi Clifford

ED Library Aide PT

Thiri Htun Caplinger

NW Access Specialist HT

Alyssa Koch

NW Library Aide PT

Wendy Midyett

CIS Virtual Engagement Specialist II HT

Londyn Rouse

NW Library Aide PT

Jannie Gunter

SO Library Aide PT

Bridget Harkin

RE Children's Librarian I FT

Samantha Hickson

DN Adult Engagement Specialist I HT

Kayla Morgan

SO Library Aide PT

Haley Rapacz

DN Adult Librarian I FT

Katrina Wilde

CL Access Specialist HT

Shaye Nelson

BE Library Aide PT

Stacy Hansen

2 yrs, BE Library Aide

Sarah Tooker

1 yr, ED Library Aide

Patricia Hargrave

2 yrs, SO Youth Engagement Specialist II

Nick Manuel-Carroll

1 month, VI Library Aide PT

Krista "Bre" Patton

6 mos, NW Library Aide

Donyalle High

6 yrs, RE Access Specialist

Spencer Tracy

7 mos, BI Library Aide

Haley Zindel

2 yrs, NW Access Specialist

Jessika Gramajo

4 yrs, DN Access Specialist

Adam Ferrari

4 yrs, CH Adult Engagement Specialist II

CONGRATULATIONS

Mackenzie Briscoe

RE Library Aide PT to SO Access Specialist HT

David Morand

Access Specialist I PT to Access Specialist II FT at the Bethany Library

RETIREMENTS

Karen Litteral

WA Access Manager II, 24 yrs service

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GOODBYE

Monique Johnson

4 years, RE Access Specialist I PT

Vicki Thompson

4 yrs, SPAS Special Projects Librarian

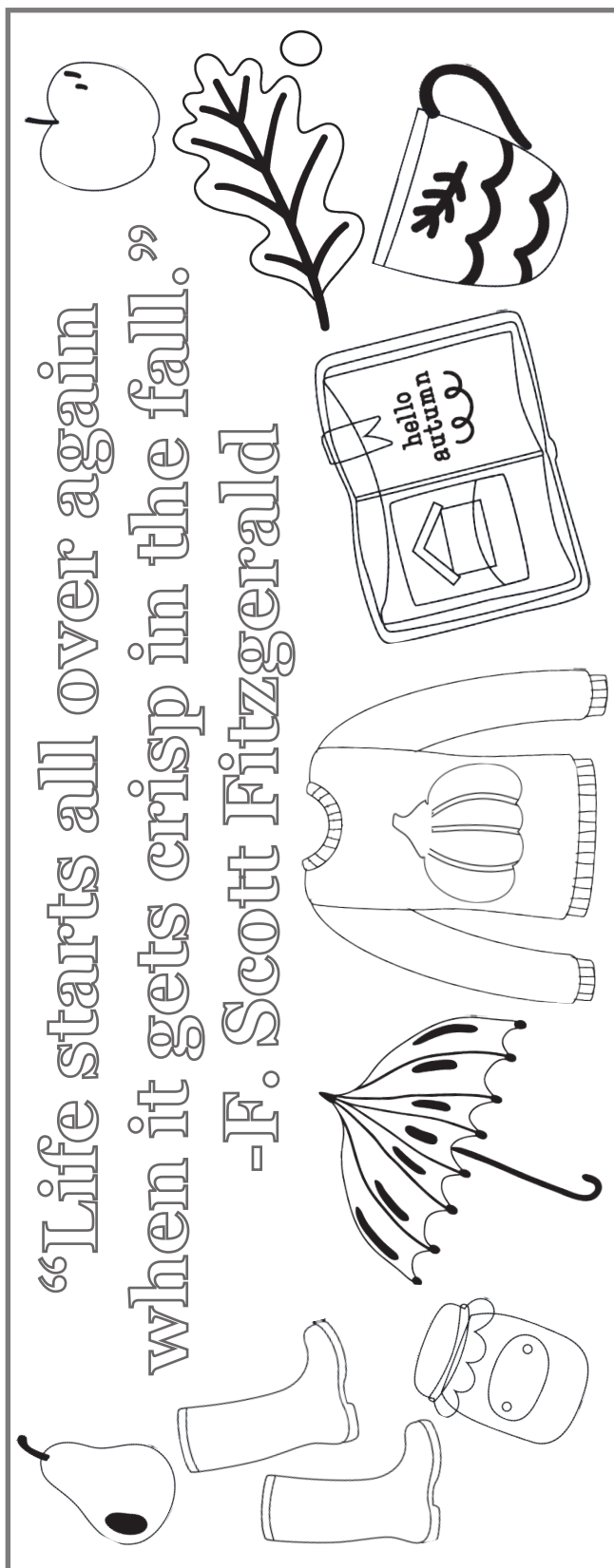
COMING UP

September 17

Commission Meeting via Zoom

Bookmark Coloring Activity

Relax and enjoy some coloring!



Ancestry.com Available Remotely



DIY Development Overcoming Imposter Syndrome 32(m)

Those who experience imposter syndrome often believe they are inferior to others or have faked their way into positions despite impressive accomplishments. Up to 70% of both women and men, especially high-achievers, experience imposter syndrome at some point in their career. This false belief system leads some people to self-sabotage, turn down career and growth opportunities, and limit their own career trajectories. Join instructor Carolyn Goerner as she explains the different types of imposter syndrome and shares constructive ways you can begin to overcome this negative thought cycle.