

# Shelf LIFE

December | 2018

*We grow smarter communities, one person at a time.*

smile!



## SHARE YOUR PHOTOS

Are you having a library open house or an exciting holiday program this month? Share your photos with marketing to feature on social media or in the next newsletter. Please be sure to get a photo release from customers before taking their photo.

- [Permission to videotape/ photograph form](#)
- [Photography disclaimer poster](#)

## Check out the Hobbies & Crafts Database

This month we are highlighting the *Hobbies and Crafts* database, a resource brimming with fun ideas and intriguing articles for just about any hobbyist out there. Not only does this database include crafts like knitting, sewing and cooking but it also includes things like ham radio, bookmaking, coin collecting and even hang gliding among others.

Whether you encounter a customer looking for a new pattern for a knitted piece or one who wants to learn more about an extreme sport, this database is a helpful tool. The database

also includes fun features such as a featured video and a *MakerSpace Spotlight* so users can be introduced to new projects and ideas.

### Tips on using this database:

- The easiest way to browse the variety of topics available is to click *view all topics* under the *browse by category* section.
- If you are conducting a search, it is beneficial to use the advanced search and add date limiters. This way you pull up the most recent crafts unless you are looking for something older.
- It is also beneficial to filter by source type. For instance, if you are looking for a craft specifically, you can filter by *projects*.

## Winter Sport Highlight: Snowboarding

Snowboarding originated from skiing, surfboarding and skateboarding. In the early '80s when the sport began to gain popularity, less than 10 percent of ski areas in the U.S. allowed snowboarding.

Early snowboards secured the boarder's feet with adjustable rubber foot straps. Later, metal bindings and fiberglass boards were introduced. In 1998 snowboarding became an Olympic sport and in 2006 snowboard cross, also known as boardercross, was added as an event. Soon after it was added to the Olympics, the number of snowboarders doubled from 2.5 to 5 million.

### Tips for getting started:

Snowboarding is certainly an investment. Boards can cost anywhere from a few hundred dollars to thousands, however renting equipment is also an option for beginners. The type of board you rent or buy depends on the type of snowboarding you will be doing. The three major types of boards are freestyle, freeride and alpine or carving boards. Most beginners will want to start



with a wide board like the freestyle board. Below are some articles from the *Hobbies and Crafts* database on getting started.

- [Biomechanics](#)
- [Snowboard Technology](#)
- [Clothing](#)
- [Equipment](#)

### Works cited:

Johnson, Judy A. 2015. "Snowboarding." Hobby Profile: Snowboarding, July, 1. <http://search.ebscohost.com/login.aspx?direct=true&db=cfh&AN=52553851&site=hcrc-live>.

(Continued on pg. 2)

(Hobbies & Crafts Database Continued from pg. 1)

## Holiday Crafts from the *Hobbies and Crafts Database*

### Holiday Garland

#### Materials:

- Raffia ribbon
- Wooden spoons
- Red and green cookie cutters
- Wooden beads

[Read full instructions...](#)



### Contemporary Pine Tree Décor

#### Materials:

- Foam/ papier-mâché cones
- Metallic silver cord
- Hot glue gun & hot glue
- Heavy artist's paper
- Silver beaded stems
- Silver eyelash yarn

[Read full instructions...](#)



### Wooden Slice Ornaments

#### Materials:

- Wood slices
- Rubber stamp(s) & stamp ink
- Eye Hooks
- Twine

[Read full instructions...](#)



# COMING UP...

## December 13

Staff Association Meeting at  
Ralph Ellison Library

## December 13

Commission Meeting at  
Capitol Hill Library

## December 24 - 25

Library Closed for Christmas

## December 31

Library Closes at 6 pm for  
New Years Eve

## January 1

Library Closed for New Years

## January 17

Commission Meeting at  
Belle Isle Library

## January - 21

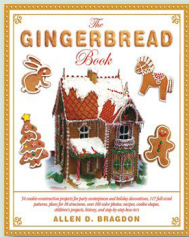
Library Closed for Martin  
Luther King, Jr. Day

## January 24

Staff Association Meeting at  
Capitol Hill Library

# HOLIDAY COOKBOOKS

It's that time of year when customers may be spending more time baking and cooking for holidays and events. They may also be trying out their new kitchen gadgets. If you're looking for a few reads to recommend to a customer, check some of these out.



## **The Gingerbread Book** By: Allen Bragdon

This book is for the Gingerbread lover. While not everyone may agree on whether gingerbread is the *tastiest* treat or not, this title will have everyone agreeing that you can create some beautiful holiday inspired culinary art from gingerbread. The book includes basic skills for beginners, color photos and patterns. This title can be found on Hoopla.

[Check it out!](#)

## **Christmas Cookie Swap! More than 100 treats to share this holiday season**

By: Various authors

Cookie may be in the title, but this book includes brownies, bars and more holiday sweet treats. This is a great title for anyone looking to experiment with a new baking recipe or looking for baked gift ideas. The book includes 120 recipes, each accompanied with photos, packaging suggestions and tips.

[Check it out!](#)



## **Little Book of Jewish Feasts**

By: Leah Koenig

Whether you plan to cook a traditional Jewish meal for your holiday gathering or you just want to try some new recipes, this is a great title to find some popular holiday main dishes. The book features 25 Jewish holiday main dishes including balsamic and brown sugar brisket, poppy seed chicken schnitzel, wild greens pie and more. Each recipe includes step by step instructions. Wine pairings and a Jewish holiday

primer is also included. This title can be found on Hoopla.

[Check it out!](#)

## **Set for the Holidays with Anna Olson: Recipes to bring comfort and joy**

By: Anna Olson

What marks the holiday season for you? Whether you bake a pumpkin pie, engage in a holiday tradition or just enjoy a cozy meal at home, Olson has a recipe to put you in the holiday spirit. This book includes recipes for main dishes, appetizers, sweets and more.

[Check it out!](#)



## **Holiday Slow Cooker**

By: Leigh Anne Wilkes

If you love the ease of the slow cooker, why not try using it during the holidays? The slow cooker can free up space in your oven to cook other holiday dishes. This book includes dishes for a variety of holiday celebrations.

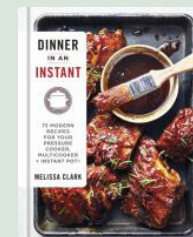
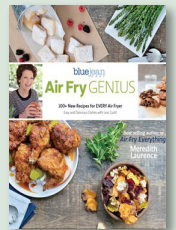
[Check it out!](#)

## **Air Fry Genius**

By: Meredith Laurence

Laurence, known as the Blue Jean Chef, shares tips and tricks to use with any air fryer. The book includes over 100 recipes including vegetarian, vegan and gluten-free options. Each recipe includes photos and easy to follow instructions. This title can be found on Hoopla.

[Check it out!](#)



## **Dinner in an Instant**

By: Melissa Clark

This is a great read for anyone who has just purchased or received the popular Instant Pot® this holiday season. While the abundance of options on this cooking gadget can be daunting, Clark includes setting instructions for not only the Instant Pot® but also slow cookers and multicookers.

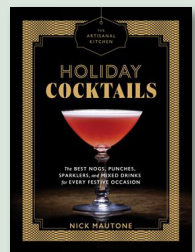
[Check it out!](#)

## **Holiday Cocktails**

By: Nick Mautone

If you are not sure what drinks to pair with your holiday meals and deserts, master mixologist, Nick Mautone offers tips for serving the right cocktails for every holiday function. The book includes easy to follow recipes for a variety of seasonal inspired drinks, including nonalcoholic options. This title is available on Hoopla.

[Check it out!](#)





# A Brief History of the December Holidays

**D**id you know that the birth of Jesus was originally commemorated Jan. 6 rather than Dec. 25?

While many are aware of the Christian holiday celebrating the birth of Jesus in December known as Christmas, other religious holidays celebrated in the month of December or the history behind each holiday may not be as familiar.

It is difficult to know the exact date of Jesus' birth and even whether he was in fact born in Bethlehem as it is described in the book of Matthew. The Gospels Mark and John do not mention Bethlehem, so the reader would assume Jesus was born in Nazareth. We can only use clues in the text to determine things like date and place or whether Jesus was placed in a manger or on a stone.

Today, the celebration of Christmas may not be celebrated to commemorate the birth of Jesus at all. Many families who are not Christian still celebrate the holiday and use it as a day to gather with family, exchange gifts and share a meal.

Hanukkah, meaning "dedication", is a Jewish feast celebrating the rededication of the Second Temple in 164 BCE in which Maccabees won a three-year religious battle with Antiochus. It was said that there was only a little oil for Maccabees to use as kindling for the menorah, but it lasted for eight nights. Today, the holiday is celebrated from Dec. 2 to Dec. 10 by lighting a candle each night for eight nights on a special Hanukkah menorah.

There is no special meal or fasting during Hanukkah, but rather it is celebrated as a "spiritual" festival representing spiritual illumination. However, today the holiday is also

celebrated with presents for children. Families may also play a game known as spinning the dreidel. Each letter on the dreidel is an initial of the Hebrew words making the sentence, "A great miracle happened there."

Kwanzaa, established in 1966, celebrates African heritage. The holiday was created out of a combination of "first fruits" harvest celebrations in Africa and is celebrated annually from Dec. 26 to Jan. 1. During this time celebrants make traditional African American dishes and engage in a time of fasting and self-reflection. However, this celebration was not created to replace other religious celebrations such as Christmas or Hanukkah, but rather to be celebrated with these holidays.

Kwanzaa utilizes seven principles based on a philosophy called kawaïda. These philosophies include unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity and faith. When gathering together to eat, celebrants place a straw mat on the table symbolizing African-American heritage and traditional African culture, then a candleholder is placed on the mat with seven candles to represent the seven philosophies of kawaïda, a cup is placed on the mat to symbolize unity and fruits are laid out to represent the harvest.

These are just a few of the holidays celebrated around the world in December. To read more about religious traditions, Oxford Biblical Studies Online, Oxford Islamic Studies Online and U.S. History in Context are a great place to start your research.

## Works cited:

"Christmas." In *A Dictionary of the Bible*, edited by W. R. F. Browning. Oxford Biblical Studies Online.

"Christmas." In *The Oxford Companion to the Bible*, edited by Bruce M. Metzger, Michael D. Coogan, A. R. C. Leaney. Oxford Biblical Studies Online.

Harris, Jessica B. "Kwanzaa." In *Encyclopedia of Food and Culture*, edited by Solomon H. Katz, 341-342. Vol. 2. New York, NY: Charles Scribner's Sons, 2003. U.S. History in Context.

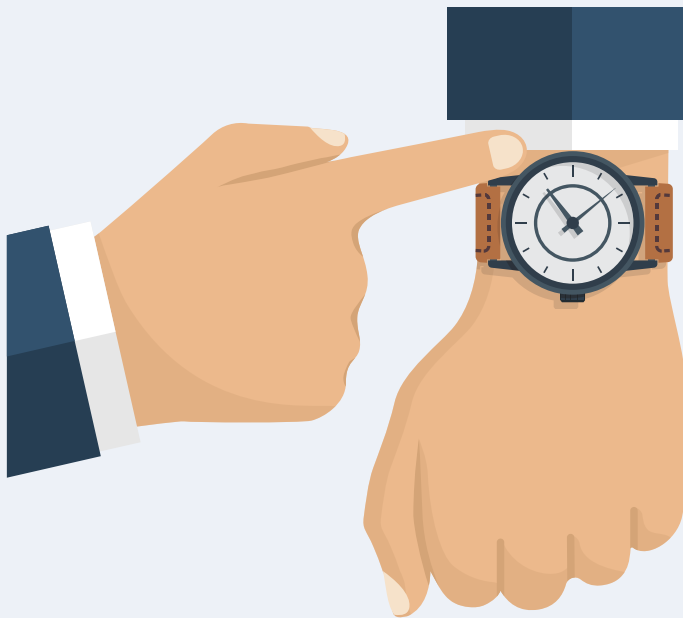
Hoppe, Leslie J. "1 Maccabees." In *The Catholic Study Bible*. Oxford Biblical Studies Online.

Jacobs, Louis. "Hanukkah." In *Encyclopedia of Religion*, 2nd ed., edited by Lindsay Jones, 3774-3775. Vol. 6. Detroit, MI: Macmillan Reference USA, 2005. U.S. History in Context.

Yousef, Nancy, and Robyn Spencer. "Kwanza." In *Encyclopedia of African-American Culture and History*, 2nd ed., edited by Colin A. Palmer, 1249-1250. Vol. 3. Detroit, MI: Macmillan Reference USA, 2006. U.S. History in Context.



# IN CASE YOU MISSED IT . . .



## ReferenceUSA update

Business database, ReferenceUSA has recently integrated with Google translate. The interface and records can be translated into 10 languages, including Spanish and Vietnamese.

[Read more...](#)

## Public Service Professional Membership Reimbursement

All full time, halftime and part-time public service staff are eligible for one \$50 reimbursement for participation in a professional organization. These organizations include (but are not limited to) OLA, ALA, ALSC, YALSA, MPLA and PLA.

[Read more...](#)

## Staff Day 2018 Photos and Evaluation Results

- Click [HERE](#) to view the photos from Staff Day 2018
- Click [HERE](#) to view the Staff Day 2018 evaluation results

## Tax Changes

Following the Tax Cuts and Jobs Act, which was passed last year, there are many changes to the tax law that could affect some taxpayers. Doing a checkup now will help make sure your current tax withholding is in line with your 2018 tax situation.

[Read more...](#)

## Advertising and infomercial Update

In Dec. and Jan., a 30-minute infomercial going behind the scenes at our libraries will air on TV. Below are the dates the program will air.

- [Saturday, Dec. 8 at 12:30pm \(KOCO ch.5\)](#)
- [Sunday, Dec. 29 at 4:30pm \(KWTW ch. 9\)](#)
- [Monday, Jan. 14 at 1pm \(KOCO ch. 5\)](#)
- [Monday, Jan 21 at 1pm \(KOCO ch.5\)](#)

[Read more...](#)

## The Journal Record is now Live!

Renowned for its local business coverage, the Journal Record ([journalrecord.com/](http://journalrecord.com/)) and its archives are now available on all library computers. Staff and customers will be able to access the Journal Record's News, Events, Legislative Reports, Public Notices, and Archives.

[Read more...](#)

## Wellness Newsletter

View the latest Wellness Works Newsletter [HERE](#).

## HELLO!

**Landon Gates**  
CL-CT Access Specialist I

**Kassandra Mueller**  
AL Access Specialist I

**Sidney Williams**  
VI Access Specialist I

**Regan Young**  
VI Access Specialist I

**Wanda Black**  
ED Adult Engagement Specialist II

**Megan Guy**  
CL-HR Access Specialist I

**Joseph Peebles**  
L&D L&D Specialist

**Janeth Rivera**  
CH Access Specialist II

**Hayde Saenz**  
VI Access Specialist II

## GOODBYE

**Helen Shafer**  
BI Access Specialist I

**Ashley Selby**  
VI Access Specialist I

**Oscara Loyall**  
TP Receiving Technician

**Linda Holmberg**  
BI Access Specialist I

**Joshua Wells**  
BE Access Specialist I

**Abbigail Yost**  
ED Access Specialist I

**Nhi Lam**  
BE Access Specialist I

**Sarah Peterson**  
CA Director of  
Collection Anywhere

## CONGRATULATIONS!

**Erin Bedford**  
Library Manager II BE to Regional  
Director

**Michelle Merriman**  
Access Manager II NW to Access  
Manager III NW

**Mary Pedro**  
Access Specialist I CH to Access  
Specialist II CH

**Daniel Chesney**  
Children's Librarian NW to  
Engagement Manager NW

**Katherine Bernhardt**  
Access Specialist II MC to Virtual  
Engagement Specialist II CIS

**Barbara Beasley**  
Library Manager II WA to Library  
Manager III ED

**Jessika Gramajo**  
Access Specialist I DN to  
Access Specialist II DN

**Gwen Lake**  
Tech Processing  
Specialist I TP to Tech  
Processing Specialist II TP