Coverage Period: 07/01/2023 – 06/30/2024 Coverage for: Individual + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-844-297-8432. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.dol.gov/sites/dolgov/files/EBSA/laws-and-regulations/laws/affordable-care-act/for-employers-and-advisers/sbc-uniform-glossary-of-coverage-and-medical-terms-new.pdf or call 1-844-297-8432 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$750 individual / \$1,500 family Non-Network: \$1,000 individual / \$2,000 family	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Network <u>preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	Yes, \$100 per confinement for non-network hospitals (waived if life-threatening) Dental: \$50 individual/\$250 family (waived for preventive services)	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$5,000 individual / \$10,000 family Non-Network: \$6,850 individual / \$13,700 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, penalties, amounts in excess of reasonable and customary, and charges not covered by this plan.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes, Healthcare Highways. Call 1-866-945-2292 or visit www.healthcarehighways.com	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 copay per visit  TelaDoc General Medicine - \$20 copay per visit  TelaDoc Sexual Health – Lab services at cost  TelaDoc Caregiver – \$20 copay per visit	40% coinsurance	Network copay applies to the office visit charge only. All other services received in the Network physician's office are subject to the Network deductible and 20% coinsurance.	
	Specialist visit	\$50 copay per visit	40% coinsurance		
	Preventive care/screening/	No charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services	
	immunization	vaccinations a	d COVID-19 testing, and immunizations: Charge	needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	With Lab Card: No charge Without Lab Card: 20% coinsurance	40% coinsurance	none	

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	none	
	Generic drugs	Retail (30 day supply): \$10 copay Retail or Mail order (90 day supply): \$30 copay	Same copayment and min/max (if applicable) for in-network but based on the allowed amount	Retail – 30 to 90 day supply Mail Order – 90 day supply	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available from MaxCare Rx at	Preferred brand drugs	Retail (30 day supply): 40% or \$125, whichever is less Retail or Mail order (90 day supply): \$150 copay	Same as above	Copay amounts are per prescription.  Preferred brand drug category includes compound medications, which are limited to a 30 day supply.  Prescription copays apply toward the Network medical out-of-pocket. Once the medical out-of-pocket amount has been met, prescription copays for covered medications will no longer apply for the remaining plan year.  If a Generic is available and allowed by the Physician, the individual will be required to pay the Brand copay and the difference in cost between the Generic and Brand name if Brand is chosen.	
1-800-259-7765 or www.mymaxcarerx.com	Non-preferred brand drugs	Retail (30 day supply): 50% or \$150, whichever is less Retail or Mail order (90 day supply): \$200 copay	Same as above		

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
		Generic - Retail (30 day supply): 20% or \$100, whichever is less Brand Name - Retail (30 day supply): 20% or \$150, whichever is less (No Mail order.)	(Tou will pay the most)	Specialty drugs are limited to a 30 day supply per fill and require prior authorization, call MaxCare Rx at 1-800-259-7765.
	Specialty drugs	Copay amounts may differ for Specialty Drugs subject to the Smart Rx Assist Program, which is a part of the <b>Medical</b> plan, not the pharmacy benefit**	Same as above	**The Medical plan has implemented the Smart Rx Assist Program in order to utilize financial rebates, discounts and/or assistance programs offered by third-party specialty drug manufacturers. The plan has imposed special utilization requirements for certain specialty drugs. The list of specialty drugs subject to this program can be found here:  https://myhealth.healthsmart.com/Login.aspx?  RetumUrl=%2fsecure%2fDefault.aspx  For more information about the Smart Rx Assist Program, please call HealthSmart Rx at 1-800-681-6912.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Some procedures require <u>precertification</u> . Call HealthSmart 1-877-202-6379.
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none
	Emergency room care	\$150 <u>copay</u> per visit / 20% <u>coinsurance</u>	\$150 copay per visit / 20% coinsurance	Network deductible and out-of-pocket limit will apply to non-Network providers.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	Network deductible and out-of-pocket limit will apply to non-Network providers.
	Urgent care	Office visit: \$25 copay per visit All other services: 20% coinsurance	40% coinsurance	none

Common Medical Event	Services You May Need	Network Provider	ou Will Pay Non-Network Provider	Limitations, Exceptions, & Other Important Information
If you have a hospital	Facility fee (e.g., hospital room)	(You will pay the least) 20% coinsurance	\$100 copay per admission** / 40% coinsurance	Precertification is required, call HealthSmart at 1-877-202-6379. **Waived if life-threatening.
stay	Physician/surgeon fees	20% coinsurance	40% coinsurance	none
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Teladoc consultations: Psychiatrist evaluation \$150 copay; Psychiatrist recurring visit \$45 copay; Psychologist, counselor or therapist visit \$35 copay	40% coinsurance	**Until the annual out-of-pocket limit is reached; then no charge for the rest of the plan year.
	Inpatient services	20% coinsurance	40% coinsurance	Precertification is required, call HealthSmart at 1-877-202-6379.
If you are pregnant	Office visits	Participation in the Mother & Child program: No charge for routine obstetric exams and delivery charges (does not apply to diagnostic, x-ray and lab services, which are 20% coinsurance)  Without participation in the Mother & Child program: 20% coinsurance	40% coinsurance	Not covered for dependent children. This exclusion does not apply to any service or supply required by the Patient Protection and Affordable Care Act (PPACA) to be included as a covered expense under the Preventive benefit.  To enroll in the Mother and Child Program, call HealthSmart at 1-877-202-6379 during the 1st trimester, or as soon as pregnancy is confirmed.
	Childbirth/delivery professional services	With Mother & Child program: No charge Without Mother & Child program: 20% coinsurance	40% coinsurance	Not covered for dependent children.

Common	Common Medical Event Services You May Need		ou Will Pay	Limitations, Exceptions, & Other Important
			Non-Network Provider (You will pay the most)	Information
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	Precertification is required for maternity stays in excess of 48 hours (or 96 hours for cesarean delivery). Not covered for dependent children.
	Home health care	20% coinsurance	40% coinsurance	Precertification is required, call HealthSmart at 1-877-202-6379.
	Rehabilitation services	20% coinsurance	40% coinsurance	Inpatient rehabilitation requires <u>precertification</u> , call HealthSmart at 1-877-202-6379.
If you need help recovering or have other special health needs	Habilitation services	20% coinsurance	40% coinsurance	Occupational, Physical and Speech therapy services require precertification, call HealthSmart at 1-877-202-6379.
	Skilled nursing care	20% coinsurance	40% coinsurance	Precertification is required, call HealthSmart at 1-877-202-6379.
	Durable medical equipment	20% coinsurance	40% coinsurance	Precertification is required for items over \$500, call HealthSmart at 1-877-202-6379.
	Hospice services	20% coinsurance	40% coinsurance	Precertification is required, call HealthSmart at 1-877-202-6379.
If your child needs dental or eye care	Children's eye exam	No charge	40% coinsurance	Routine vision screening for children under the <a href="Preventive">Preventive</a> benefit.
	Children's glasses	Not covered	Not covered	Not covered
	Children's dental check-up	No	charge	The Dental plan deductible is waived for preventive services.

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Dental care (Adult & Child)

- Hearing aids (Limit once every 3 years.)
- Non-surgical treatment of TMJ

Private-duty nursing

### **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact the <u>plan</u> at 1-405-606-3741. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

# Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the Claims Administrator at 1-844-297-8432. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Additionally, a consumer assistance program can help you file your appeal. A list of states with Consumer Assistance Programs is available at <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">www.dol.gov/ebsa/healthreform</a> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>. **Does this plan meet the Minimum Value Standards? Yes** 

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. **Language Access Services**:

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-297-8432. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-844-297-8432.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-844-297-8432.Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-844-297-8432.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$750	
Copayments	\$0	
Coinsurance	\$2,360	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$3,170	

## Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12,700

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing	Cost Sharing		
<u>Deductibles</u>	\$750		
Copayments	\$435		
Coinsurance	\$1,280		
What isn't covered			
Limits or exclusions \$55			
The total Joe would pay is	\$2,520		

### **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### **EXAMPLE** event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

\$5,600

\$750
\$300
\$270
\$0
\$1,320